

Your support of our efforts allows us to offer the following services to those in need *free of charge.*

Emergency Shelter—WomenSafe staffs and supports a shelter for abused women and children. The shelter is a safe and comforting environment in which to heal, receive counseling, consider alternatives and develop plans and goals. All basic necessities are provided to residents.

COPEline—a 24-hour hotline for support and crisis management.

Counseling—trained counselors are available to aid individuals in the exploration of alternatives, as well as to facilitate support groups for victims of domestic violence.

Advocacy—trained professionals are on hand to accompany victims of domestic violence and their children to an attorney, court, or social service agency.

Outreach Services—counseling, art therapy and advocacy services are also available for individuals who do not require protective shelter. Additionally, WomenSafe provides specialized educational programs to schools, church and civic groups, corporations, and healthcare institutions.



WomenSafe, Inc.
P.O. Box 656
Chardon, OH 44024

Child Therapy Services

for victims of
domestic violence



WOMENSAFE, INC.



Resources for Victims
of Domestic Violence

Art Therapy

Art is a form of communication. It puts a distance between the situation and the emotions or verbal explanation, which are often hard to cope with. A Registered Art Therapist provides therapy to children who are not only in shelter but also on an outpatient basis.

Child Therapy

WomenSafe provides child therapy for children who have witnessed violence or a traumatic experience and/or have been abused themselves. A qualified Licensed Independent Social Worker will provide individual and family therapy to children ages 5-18.

Family Therapy

Family therapy is also available to families who are struggling with issues that may be a result of violence, abuse, or life stressors that could put a family at risk for committing acts of violence or abuse. Traditional and non-traditional families can be served (ie. Grandparents, Aunts, Uncle, etc. caring for children).

Parenting Education and Group Therapy

Parenting education and support is offered to reduce the risk of violence or abuse to families struggling with the demands of parenting or to assist families who are experiencing parenting issues as a result of abuse or violence that has already occurred. Parenting education and support can be offered in a group setting or one-on-one.

Group Therapy services is provided to both parents/guardians and children to provide support and therapy to assist with the effects of abuse or violence. Group therapy services is offered based on demand of participants requesting the service.

EFFECTS OF FAMILY VIOLENCE ON CHILDREN

Emotionally:

Low self-esteem
Depression
Withholding of affection
Low levels of trust
Separation anxiety
Role confusion
Perception that they are the reason why the fighting is occurring

Physically:

Physical injuries during violence situations
Sleepless nights, nightmares, lack of sleep
Physical ailments (i.e. stomach aches, headaches, body aches)
Bedwetting and/or thumb sucking
Fear of physical contact
Excessively needy
Disruptive eating habits
Easy targets to be victimized

Behaviorally:

Physical and/or verbally aggressive
Withdrawn
"Little Adult" (overly mature for their age)
Perfectionist
Frequent tantrums
Tearful, nervous, overly anxious
Unable to focus or concentrate
A runaway
Perpetrator of violent acts

CHILDREN LIVING IN VIOLENT HOMES CAN LACK:



Safety
Self-Control
Predictability
Positive physical attention
Emotional nurturing
Normal sleeping habits
Normal and nutritional eating habits
Appropriate role models
Appropriate expressions of feelings
Healthy coping skills
A feeling of security

All WomenSafe Services are provided FREE of Charge,
To Learn More Or To Make An Appointment,
Please Call WomenSafe at:

440-286-7154

Child Therapist/Advocate:
Lisa Siciliano-Miller, MSSA, LISW

Art Therapist:
Nancy Bruch, MA, ATI